

Please find below a home-made recipe, published by the parapharmacy Medi-Market:

For 150ml hydroalcoholic solution for instant hygienic treatment of hands

- 125ml modified alcohol 70%
- 12,5ml hydrogen peroxide 3% (=10 volumes)
- 12,5ml sweet almond oil
- 10 drops of Essential Oils Ravintsara, or Tea Tree, or Eucalyptus
- Bottle container and a pump

*NB/ If the alcohol brand is MERCUROCHROME 100ml, you only have to add 10ml of hydrogen peroxide and sweet almond oil.*

Shake bottle before use to homogenize the solution.

It is advised that you prepare the solution in a large bowl, then to wash it with dish soap, then to boil water in it for 10 minutes before throwing the water away.

Warning notice: essential oil shouldn't be used during pregnancy or on children under 5 years old.